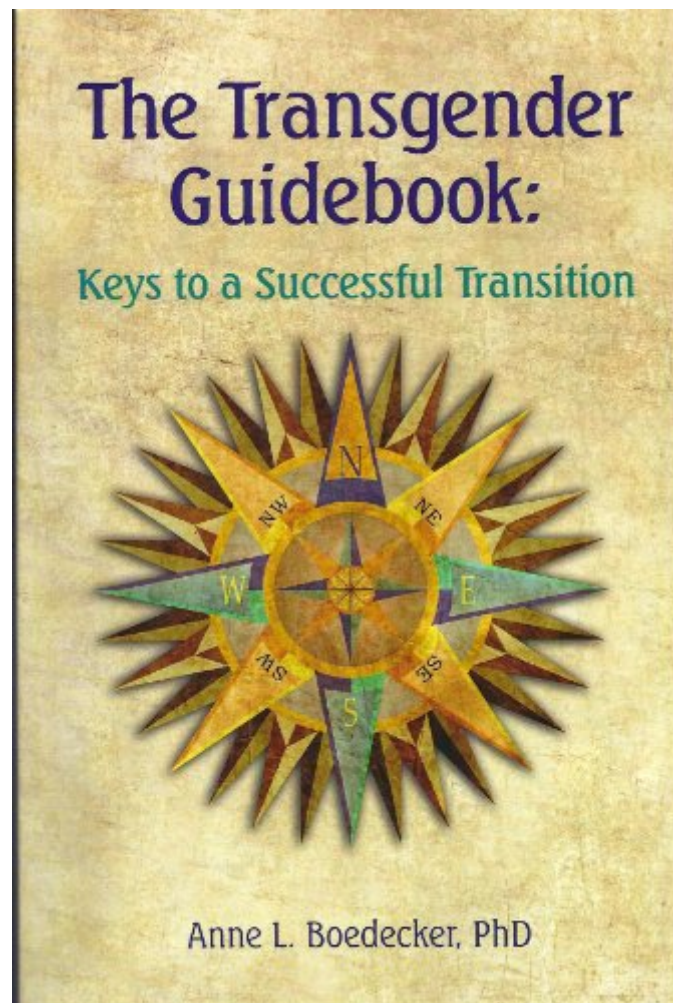




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The Transgender Guidebook: Keys To A Successful Transition



Synopsis

The Transgender Guidebook: Keys to a Successful Transition is a self-help book for transsexuals. It is a wise and practical guide for any transgender person considering or embarking on a gender transition. It covers everything from the beginning stages of exploration and planning through the process of transformation to life after transition. This is the first book written by an experienced professional specifically for transgender clients. It will also be of interest to family, friends, allies, clergy, teachers, helping professionals and anyone who cares about the challenges faced by those who seek to change their physical appearance to match their gender identity.

Book Information

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Customer Reviews

It came with a bent on the top of the book, which ruined all the pages, but besides that, its a very useful book to have by your side, if you considering being trans or just want to know more information.

Wonderful book. I'm a transwoman who is about to start therapy, in part to this book and some other online resources. There really isn't anything in here that you can't find out from reading online, but

that's not the point. There are a whole lot of great content in the book that really does lay some things out. Some books babble on about this and that, but this never tends to stick to one subject longer than it needs to, so you never really get bored. Highly recommend to transwoman everywhere. Do yourself a favor and get this book.

Post guidebook I found so far! While they are quite a few trans help books out there, this one is the most realistic and honest. To many books are trying to support us through transition by consently writing how easy it is, and how amazing everything will turn out, while we know that's far from accurate. This book however, is really helpful, yet realistic.

Intelligently written, it makes you feel warm about transitioning, reaffirming the fact that it is a good thing. This book, among other things serves as a resource of researched facts about the history of transitioning, the first surgical procedures ever performed and the ideas that surrounded them at the time. It is also packed with facts and observations about transgendered advantages VS Cis-gendered people.

Written by a cis woman and therapist with extensive experience with transgender people, this is a very complete, comprehensive and useful guide to transition. Although I ultimately decided that I would let my mind and, increasingly, heart guide me through my changes, the book nonetheless provided a framework for me to understand that, in general, what I had experienced was perfectly normal. The author's admonishments about other peoples reactions can best be thought of as "hope for the best and plan for the worst."

My partner is transitioning, and this was a great read for the both of us. and we have recommended it to family members as well, and they have said it was also a good read for them. And this is coming from a family with ZERO knowledge on queer lifestyles, transitioning, or transgender bodies.

Highly recommended!

While there are some formatting errors in this Kindle edition, Boedecker's supportive, informative, and matter-of-fact tone is ideal for this type of guide. While some areas could be expanded, notably transition strategies for business owners, freelancers, and the self-employed or non-binary transition options, she has written a remarkably comprehensive and up to date guide that covers medical,

legal, social, and personal aspects of transition.

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